

Primary School Meals Menu

Summer / Autumn 2017 Menu	Menu Week 1	Menu Week 2	Menu Week 3
Week Commencing - (Monday)	24 th April 2017	1 st May 2017	8 th May 2017
Week Commencing - (Monday)	15 th May 2017	22 nd May 2017	5 th June 2017
Week Commencing - (Monday)	12 th June 2017	19 th June 2017	26 th June 2017
Week Commencing - (Monday)	3 rd July 2017	10 th July 2017	17 th July 2017
Week Commencing - (Monday)	4 th Sept 2017	11 th Sept 2017	18 th Sept 2017
Week Commencing - (Monday)	25 th Sept 2017	2 nd Oct 2017	9 th Oct 2017
Week Commencing - (Monday)	16 th Oct 2017	23 rd Oct 2017	

Week 1

Week 2

Week 3

Monday	Monday	Monday
Cheese & Tomato Pizza Potato Shapes or Jacket Potato or Pasta Baked Beans or Seasonal Salad Homemade Marble Sponge & Custard	Beef Burger (onions optional) in a Homemade Bun Crispy Potato Wedges or Jacket Potato or Pasta Baked Beans or Grated Carrot and Beetroot Salad Müller Strawberry Yogurt Pots	Mini Grill – Omelette, Sausage, Tomato Sauté Potatoes or Jacket Potato Baked Beans or Seasonal Salad Homemade Pear Sponge & Custard
Tuesday	Tuesday	Tuesday
Roast Chicken Fillet with Homemade Stuffing and Gravy Creamed Potatoes or Jacket Potato Broccoli, Carrots or Coleslaw & Seasonal Salad Mini Donut	Oven Baked Pork & Leek Sausage with Yorkshire and Gravy Boiled Potatoes or Jacket Potato or Pasta Broccoli or Peas or Seasonal Salad Homemade Jam Sponge & Custard	Homemade Minced Beef Pie and Gravy Creamed Potatoes or Jacket Potato Carrots, Green Beans or Seasonal Salad Vanilla Ice Cream Sponge Roll
Wednesday	Wednesday	Wednesday
Homemade Chicken Curry with Garlic or Curry Bread Boiled Rice or Jacket Potato Garden Peas & Sweetcorn or Seasonal Salad Homemade Chocolate Cornflake Crisp	Homemade Beef Bolognese with Garlic Bread Pasta or Jacket Potato Sweetcorn or Peas or Seasonal Salad Fruit Jelly and Dream Topping	Cheese & Tomato Pizza Jacket Potato or Pasta Baked Beans or Grated Carrot and Beetroot Salad Homemade Chocolate Cake & Pink Sauce
Thursday	Thursday	Thursday
Roast Beef & Yorkshire Pudding with Gravy Creamed Potatoes or Jacket Potato Cabbage or Carrots or Seasonal Salad Homemade Sponge with Mandarins & Custard	Gammon Ham & Pineapple or Parsley Sauce Creamed Potatoes or Jacket Potato Broccoli, Carrots, Coleslaw or Seasonal Salad Fresh Fruit Salad with Ice Cream	Roast Turkey with Homemade Stuffing and Gravy Creamed Potatoes or Jacket Potato Carrots, Cabbage or Seasonal Salad Cheese & Crackers
Friday	Friday	Friday
Breaded Fish Fingers Chipped Potatoes or Jacket Potato or Pasta Baked Beans or Peas or Seasonal Salad Homemade Biscuit & Fresh Fruit Wedges	Baked Breaded Fish Chipped Potatoes or Jacket Potato or Pasta Baked Beans or Carrot & Cucumber Salad Homemade Decorated Cupcake	Harry Ramsden's Lightly Battered Salmon Fillet Chipped Potatoes or Jacket Potato or Pasta Garden Peas or Cucumber Salad Fresh Fruit Salad with Ice Cream

Available daily:- ● Fresh Fruit Bowl Choice ● Pasta ● Seasonal Salads ● A Selection of Breads

A daily choice of Chilled Fruit Juice, Milk or Water is available.

Occasionally, for reasons beyond our control, the menus may have to be changed at short notice.



Bwydlen Prydau Ysgolion Cynradd

Bwydlen yr Haf/yr Hydref 2017	Bwydlen Wythnos 1	Bwydlen Wythnos 2	Bwydlen Wythnos 3
Yr wythnos sy'n dechrau - (dydd Llun)	24 Ebrill 2017	1 Mai 2017	8 Mai 2017
Yr wythnos sy'n dechrau - (dydd Llun)	15 Mai 2017	22 Mai 2017	5 Mehefin 2017
Yr wythnos sy'n dechrau - (dydd Llun)	12 Mehefin 2017	19 Mehefin 2017	26 Mehefin 2017
Yr wythnos sy'n dechrau - (dydd Llun)	3 Gorffennaf 2017	10 Gorffennaf 2017	17 Gorffennaf 2017
Yr wythnos sy'n dechrau - (dydd Llun)	4 Medi 2017	11 Medi 2017	18 Medi 2017
Yr wythnos sy'n dechrau - (dydd Llun)	25 Medi 2017	2 Hydref 2017	9 Hydref 2017
Yr wythnos sy'n dechrau - (dydd Llun)	16 Hydref 2017	23 Hydref 2017	

Wythnos 1

Wythnos 2

Wythnos 3

Dydd Llun	Dydd Llun	Dydd Llun
Pizza Caws a Tomato Siapiau tatws neu Daten Bob neu Basta Ffa Pob neu Salad Tymhorol Sbwnj Marmor Cartref a Chwstard	Byrger Cig Eidion (winwns yn opsiynol) mewn Rhodyn Cartref Lletemau Tatws Creisionllyd neu Daten Bob neu Basta Ffa Pob neu Salad Moron wedi'u Gratio a Betys Potiau logwrt Mefus Müller	Gril bach - Omlod, Selsig, Tomato Tatws wedi'u Ffrïo neu Daten Bob Ffa Pob neu Salad Tymhorol Sbwnj Gellyg a Chwstard Cartref
Dydd Mawrth	Dydd Mawrth	Dydd Mawrth
Twrci Rhost, Stwffin Cartref a Grefi Tatws Hufenog neu Daten Bob Brocoli neu Foron neu Golslo a Salad Tymhorol Toesen Fach	Selsig Porc a Chennin wedi'u Pobi gyda Phwdin Swydd Efrog a Grefi Tatws Hufenog neu Daten Bob neu Basta Brocoli neu Foron neu Salad Tymhorol Spwnj Jam Cartref a Chwstard	Pastai Briwigig Cartref a Grefi Tatws Hufenog neu Daten Bob Moron, Ffa Gwyrdd neu Salad Tymhorol Rhodyn Spwnj Hufen Iâ
Dydd Mercher	Dydd Mercher	Dydd Mercher
Cyri Cyw Iâr Cartref a Bara Garlleg neu Fara Naan Reis wedi'i Ferwi neu Daten Bob Pys Gardd ac India Corn neu Salad Tymhorol Teisen Creision Yd Siocled Cartref	Bolognese Cartref a Bara Garlleg Pasta neu Daten Bob India-corn neu Bys neu Salad Tymhorol Jeli Ffrwythau a Hufen "Dream Topping"	Pizza Caws a Tomato Taten Bob neu Basta Ffa Pob neu Salad Moron wedi'u Gratio a Betys Teisen Siocled a Saws Pinc
Dydd Iau	Dydd Iau	Dydd Iau
Cig Eidion Rhost, Pwdin Swydd Efrog a Grefi Tatws Hufenog neu Daten Bob Brocoli neu Foron neu Salad Tymhorol Spwnj Cartref gyda Mandarinau	Ham Gamwn a Phîn-afal neu Saws Persli Tatws Hufenog neu Daten Bob Brocoli neu Foron neu Golslo neu Salad Tymhorol Salad Ffrwyth Ffres gyda Hufen Iâ	Twrci Rhost, Stwffin Cartref a Grefi Tatws Hufenog neu Daten Bob Moron neu Fresych neu Salad Tymhorol Caws a Chracers
Dydd Gwener	Dydd Gwener	Dydd Gwener
Bysedd Pysgod mewn Briwsion Bara Sglodion neu Daten Bob neu Basta Ffa Pob neu Golslo neu Salad Tymhorol Bisgeden Gartref a Darnau o Ffrwyth	Pysgodyn mewn Briwsion Bara wedi'i Bobi Sglodion neu Daten Bob neu Basta Ffa Pob neu Salad Moron a Chiwcymbr Teisen Gwpan wedi'i Haddurno	Ffiled Bysgodyn mewn Cytew Ysgafn Harry Ramsden Sglodion neu Daten Bob neu Basta Pys Gardd neu Salad Ciwcymbr Salad Ffrwythau Ffres gyda Hufen Iâ

Ar gael yn ddyddiol:- ●Dewis Powlen Ffrwythau Ffres ● Pasta, ● Saladau Tymhorol ● Dewis o Fara

Mae dewis dyddiol o Sudd Ffrwythau, Llaeth neu Ddŵr Oer.

Weithiau, oherwydd rhesymau y tu hwnt i'n rheolaeth, rhaid newid y bwydlenni ar fyr rybudd.